

PELHAM OLD HOME DAY

Saturday
September 18, 2010



5K

Official timing by:



Race Walk and Fundraiser

3.1 miles 2.5 miles

Event held rain or shine

8:30 am Start - Post Registration and shirt pickup 7:00- 8:15am
Pelham NH Common, Intersection of Main St. and Windham Road in front of the
First Congregational Church

5K course: Flat and gently rolling through Pelham neighborhoods. The race starts in front of the Pelham Library. **Walk:** The walking event is slightly shorter than the run, it is 2.5 miles.

**T-Shirts, Awards, Prizes,
Refreshments**

All participants receive a free pass for Chunky's Cinemas

Three EASY ways to sign up:

- 1) Go to www.pelhamoldhomeday.org/roadrace.htm, print a registration form and mail it in.
- 2) You can register and pay on-line at www.active.com and search "Pelham 5k".
- 3) Visit your local **Chunky's Cinema** (Nashua/Pelham) to pick up a registration form to mail in.



Pelham -Old Home Day

5K

Run 3.1 miles
Walk 2.5 miles
Fundraiser

Fundraising is always an option.
You can obtain fundraising forms at any of the sites above.

All proceeds benefit **Nashua Special Olympics** which provides for
Athletes in many communities in NH including:
Nashua, Pelham, Hudson, Litchfield, Merrimack, and more.